## If you live with someone who has COVID-19 and cannot avoid continued close contact

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet.

You should avoid contact with others outside the home while the person is sick, and quarantine for 10 days after the person who has COVID-19 meets the criteria to end home isolation

## Date the person with COVID-19 ends home isolation + 10 days = end of quarantine thu fri wed tue sat mon sun Person gets sick/has **COVID-19: Start Isolation LAST DAY OF ISOLATION** 12 8 9 10 6 **START QUARANTINE** 13 16 18 14 15 **17** 19 Last 22 21 23 25 26 day of 24 20 quarantine 28 **27** 29 30 31 **10 DAY QUARANTINE**

